

QUICK REFERENCE GUIDE



The purpose of this guide is to assist you in correctly operating your TENS 7000 To Go™ unit. Do not use this device for undiagnosed pain symptoms until consulting a physician. This guide is not intended to replace or substitute the TENS 7000 To Go™ Instruction Manual. **PLEASE READ THE INSTRUCTION MANUAL COMPLETELY BEFORE USING THIS DEVICE.** Read, understand and practice the contraindications, warnings, cautions and operating instructions found on pages 4–5 of your instruction manual. Always follow the operating instructions prescribed by your healthcare provider.

TENS 7000 TO GO™ UNIT

- 1 Lead connector sockets - 2 channels
- 2 On / off / intensity dial - 2 channels
- 3 Panel cover with reference guide
- 4 Liquid crystal display (LCD)
- 5 Mode selection button
- 6 Set selection button
- 7 Increment control / increase button
- 8 Increment control / decrease button
- 9 Protective cover
- 10 Belt clip

TENS 7000 to Go DT6070 replacement parts :

- GB7000 – Conductive Back Belt
- WS3147 – Snap Wires
- WW3005 – Lead Wires
- TA9050 – Battery

BELT

ELECTRODES

Conductive Spray

SPRAY

LEAD WIRES

SNAP WIRES

SPECIAL FEATURES

The belt feature of the TENS 7000 To Go™ allows patients to comfortably apply stimulation to the lower back without having to contort or twist into positions commonly associated with the placement of self-adhesive electrodes. The belt fits comfortably under clothes and the belt clip ensures continued mobility.

The TENS 7000 To Go™ features two protective covers that prevent unintentional changes to settings.

Turn on device by rotating the dial clockwise and select the desired intensity level. **Turn off device** by turning dial counterclockwise to 0.

Low battery indicator signals when battery is low. Replace battery when stimulation feels weaker.

INSERT BATTERY

Press arrow and slide battery compartment cover open. Insert 9V battery, matching the + and – ends to those in unit.

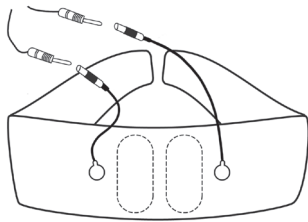
The battery should be placed on top of the compartment ribbon to allow easy battery removal.



IMPORTANT!

Steps 1–4 should be performed with the device turned OFF. Once the unit has been turned ON, do not remove the belt without first turning OFF the device.

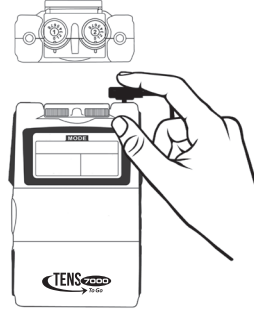
1 CONNECT LEAD WIRES TO BELT WIRE SNAPS



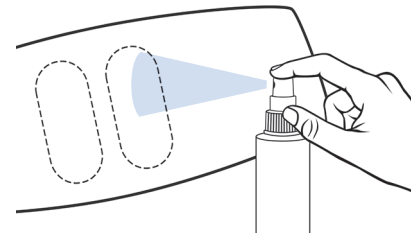
Connect snap wires to metal snaps located on the back of the belt. Securely connect the lead wires to the snap wires. Make certain no bare metal of pins is exposed.

2 CONNECT LEAD WIRES TO DEVICE

Select one of the two available channels and insert the lead wire firmly into the socket.



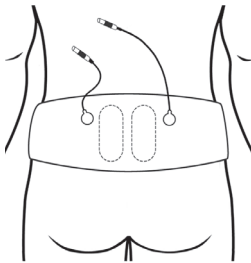
3 APPLY CONDUCTIVE SPRAY TO ELECTRODES



Apply two pumps of conductive spray to interior side of each electrode before placing belt around waist.

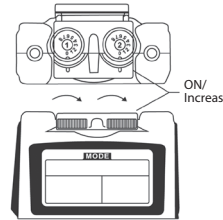
4 PLACE BELT AROUND WAIST

With the electrode pads facing toward your body, position the belt on your lower back. After a comfortable fit has been achieved, fasten belt by overlapping the Velcro® closure in front.



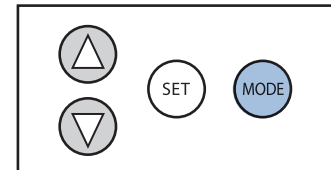
5 TURN DEVICE ON AND SELECT INTENSITY

By turning the controls clockwise, the appropriate channel is switched on and the indicator of power (CH1 and CH2) is revealed in the LCD.



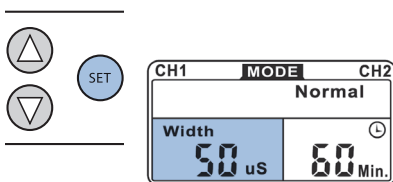
The stimulation output will increase as the dial is turned clockwise or to a higher number. 1 = Weaker 8 = Stronger

6 SELECT THERAPY MODE



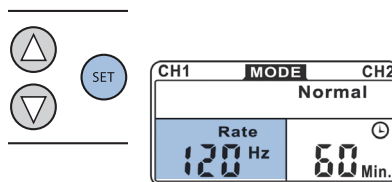
There are 5 modes available: **Burst**, **Normal**, **Modulation**, **SD1** and **SD2**. Press the MODE button and continue to press until you have reached your desired setting.

7 SELECT PULSE WIDTH



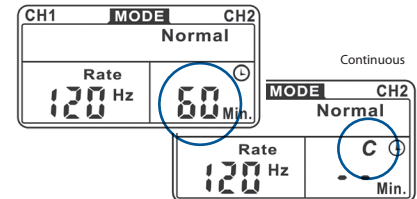
The pulse width is adjusted from 50us to 300us. Press the SET button to enter this menu, then press the ▲ and ▼ buttons to adjust the setting. Unless otherwise instructed, a setting of 70-120us is suggested.

8 SELECT PULSE RATE



The pulse rate is adjusted from 2Hz to 150Hz. Press the SET button to enter this menu, then press the ▲ and ▼ buttons to adjust the setting. Unless otherwise instructed, a setting of 70-120Hz is suggested.

9 SET THE TIMER



The treatment time is adjustable from 1 to 60 minutes, or Continuous (C). Press the ▲ and ▼ buttons to adjust the setting. Your settings will be stored permanently unless they are adjusted again.